Starters/Small Plates	So Simple Chicken Samich
Soup © S	Original Recipe Crispy Oyster Mushroom in a hot maple
Tivoli Taco 15	syrup sauce, topped with pickled peppers, vegan smoked gouda cheese, tomatoes, baby romaine,
Well seasoned Beyond Ground Meat, homemade	homemade BBQ sauce, and garlic aioli.
Pico De Gallo, greens, spicy mayo on an 8" tortilla 🕏	Small Side of French Fries + \$3.5
Lobster Roll Hearts of palm, mayo, fresh dill on a pretzel roll ®	All Green Everything Sauteed okra, asparagus, brussel sprouts topped with homemade pesto
Mac & Cheese 13	Wild Rice +\$3 @ sp
Creamy, smoky, baked macaroni & cheese topped w/truffle oil. 'contains almonds + coconut milk <sup>(g)</sup>	Wild Flower Salad
French Fries ® ®	Roasted purple cauliflower, wild rice, caramlized onions and sauteed greens
Chicken Bites 14	Loaded Fries 16
Crispy Oyster Mushrooms, Choice of Sauce: Hot Maple, Jerk BBQ, Hot Sauce	French fries, ground meat, red cabbage, sriracha, spicy mayo ®
Fish Cakes 14	French Toast 17
Hearts of Palm w/ herbs and peppers. Served with a tamarind sauce.   •	Ciabatta dipped in our homemade vegan batter ©  Just Egg +\$4 Sausage +\$5 Bacon +\$3 Chicken Bites + \$5
House Salad 10	Bake & Saltfish
Assorted greens, shallots, cherry tomatoes, house vinaigrette 📵 🗐	Hearts of palm sauteed in tomato and peppers stuff in a freshly made fry bake ®
Main/Entree	Sweet Potato Oatmeal Porridge Sweet potato, steel cut oats, cinnamon, maple syrup almond & coconut milks
AU Burger 17	E-Classic 12
Beyond Meat patty, caramelized onions, spicy mayo, mustard bbq sauce, mixed greens on a pretzel bun ®	Beyond Meat breakfast sausage, Just Egg, vegan smoked gouda cheese on a English muffin s
Cheese +\$3 Bacon +\$3 Just Egg +\$4 Chimichurri +\$1 Pickled Peppers +\$2 Small Side of French Fries +\$3.5	
Smash Burger Double Beyond Meat patty, caramelized onions, spicy mayo,	Mont Trip  King Trumpet Mushroom, field greens, salsa, avacado crema, on a plantian tortilla  (GF) (SF)
mustard bbq sauce, bacon, smoked gouda cheese, pickled	Wild Rice @ ® 7
peppers, mixed greens on a pretzel bun © Small Side of French Fries + \$3.5	Stew Peas @ ® 7
Cryin Ryan 12/24	
Roasted cauliflower topped with a spicy peanut sauce @ @	Housemade Sauces
Fruit of Heirloom Pasta	Trini-churri \$3 Garlic Aioli Mango BBQ
Roasted Heirloom tomatoes, fresh herbs w/linguine © 18  Garlic Bread + \$4 Ground Meat + \$5 Chicken Parmesan \$6  © Gluten-Free © Soy-Free	Elo aka Spicy Mayo Hot Maple Syrup Mustard BBQ 2 Peppa Sauce Maple Syrup
	Laptop service is limited to weekdays only for a 90 min time period. @auntsetuncles

<b>Cocktails</b>
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Sumptin' Nice Mezcal, Passionfruit, Pimento, Lime	17
Grass Roots Gin or Tequila, Ginger Cucumber, Prosecco	17
Soca Sangria Hibiscus, Blood Orange, Rum, Cabernet Sauvignon	17
Sunday's Best Sauvignon Blanc, Passion Fruit, Chili Peppers, Fresh Lime	17
Nic's Reprise Mezcal, Sweet Vermouth, Campari, Pimento	17
De'ville Mezcal, Pear, Lemon, Lambrusco	17
Family Tai's Rum, Orgeat, Lime, Orange Liqueur	17
Chiquita (Daiquiri) Chairmans White Rum, Lime, Banana	17
Spritz	16
Mimosa	15
Beer	
Save The Robots IPA	9
Veltins Pilsner	8
Makku (various flavours)	8
Ebbs Lager	9
Sapparo	9
Sodas	6
pomegranate, blood orange, shirley temple, ginger ale, orange, lime seltzer	cane cola

## **Drinks**

Saratoga Sparkling Water	7 - 12oz 12 - 28oz
Essentia Water	5
Kombucha	7
Ginger Cucumber Juice	8/10
Organic Ginger, Cucumber, Lime	
Sorrel	8/10
Hibiscus	
House Iced Tea	7
Various Natural Flavors	



Coffee

Agave + .75   Iced + .25   Syrups + \$1	
Latte	5/6 1202/1602
Matcha	7/8 120z/160z
Chai	7
Espresso	3
Americano	4
Сарриссіпо	4.50
Cortado	4.25
Chagachino	7/8 120z/160z
Cold Brew	4.50

\*All drinks are made with Almond Milk. Additional Plant Milk Options \$1 Oat, Macadamia, Coconut

## Tea

Superfruit	4
Peppermint	4
Blue Flower Earl Grey	4
Chili Chai	4
Lemongrass Ginger	4
Green	4

As you eat this food please know it was lovingly prepared for your body: a body that needs nourishment, that needs love, that needs gentleness and care - for a body that's not for everybody.

We are grateful to make this meal for you as a way of making sure you eat today but also as a way of showing you love and helping you make time to love yourself with a flavorful plant-based meal.

Take your time eating, remembering that you are human and not a machine for producing, grinding, rushing, posting, emailing, zooming, etc. Watch your breathing. Still your mind. Chew your food. You are alive and you are necessary - for now you are hungry, so eat and enjoy.

## Dessert

Pudding cake coconut cream, berry compote, vanilla wafers,	14
whipped cream	10
Petit Petite dessert sized french toast	12

Ginger Beer

6